# **Community Schools Resilience Series**

January - June 2021

### **Coming Soon!**

The science of resilience helps explain why some children do well, despite serious adversity. The Community Schools Resilience Series will assist participants in exploring the factors that counteract adversity, including the many protective factors and adaptive skills that are necessary in developing resilience. Join us as we kick off the series this January! Check out our <u>registration system</u> for more details on the sessions within the series.

\*Please note, some of the speakers listed are subject to pending BOE approval(s).





Motivating Hard to Reach, Uninterested and Disruptive Students

Join us to learn from <u>Brian</u> <u>Mendle</u>r on January 13th from 8:30am-11:30am



### The Power of Comfort for Our Emotional Resilience

Join us to learn more from Jen Marr on February 24th from 9:00am-11:00am



### Resilience Can Be Taught!! Tools to Motivate and Engage Students!

Join us to learn more from <u>Christian Moore</u> on March 10th from 1:00pm-3:00pm

### **Resilience: The Biology of Stress & The Science of Hope**

#### When

Thursday, Jan. 7th 2021 at 9-11am

#### Where

This is an online event.

# Understanding NEAR (neuroscience, epigenetics, ACES, Resilience) Science

When

Tuesday, Feb. 23rd 2021 at 8:30-10:30am

Where

This is an online event.

# Social & Emotional Learning Strategies to Help Your Students Thrive

When

Wednesday, April 14th 2021 at 8:30– 11:30am

Where

This is an online event.

# **Resilient Educators: Balancing Stress & Self-Care**

#### When

Wednesday, May 12th 2021 at 9-11am

#### Where

This is an online event.

### Mindfulness 101

When

Wednesday, June 9th 2021 at 9-11am

Where

This is an online event.